

RECKLESS ABANDON

Choreographed by Lee Easton

Description: ABC, 1wall, Lilt
Level: Advanced
Music: 'Reckless' by Aaron Watson (149 BPM)

Official UCWDC competition dance description
Date of usage 26 April 2007

phrasing, C1 A B C1 A B C2 B C3 A B C1

Section A: 64 counts

1-8: Slide, sailor x 2

- 1 Large Step L to L side
- 2 Hold, drag R
- 3 Continue drag
- 4 Continue drag
- 5 Step R behind L
- & Step L to L side
- 6 Step R to R side
- 7 Step L behind R
- & Step R to R side
- 8 Step L forward (10.30, prep. for turn)

9-16: Spiral turn, ball change, weave, unwind

- 1 Begin full spiral turn R
- 2 Continue turn, leaving toe in front
- 3 Continue turn
- & Step ball R to R side
- 4 Step L in place
- 5 Step R behind L
- & Step L to L side
- 6 Step R across L
- 7 Full turn L, Press to L ball
- 8 Hold

17-24: Kick ball press x2, press walks

- 1 Kick R forward, as you extend L leg, (facing 12.00, moving to 3.00)
- & Step Ball R back
- 2 Small Step L, press forward
- 3 Kick R forward, as you extend L leg
- & Step ball R back
- 4 Small step L, press forward
- 5 Walk R with press
- 6 Walk L with press
- 7 Walk R with press
- 8 Walk L with press

25-32: Rock, replace, triple step, chaine x 2

- 1 Rock R forward (facing 3.00)
- 2 Replace weight L
- 3 Step R backward
- & Close L to R
- 4 Step R backward (toward 7.30, begin to turn body)
- 5 Step L forward 1/4 (toward 9.00)
- 6 Close R turning 3/4 L
- 7 Step L forward (toward (9.00)
- & Close R to L turning 3/4 L
- 8 Step L forward

33-40: Hold, step, kick, weave

- 1 Step R to R, looking over L shoulder (face back, look front)
- 2 Hold
- 3 Hold

- 4 Take weight on L, return body (facing (6.00)
- 5 Kick R (7.30)
- 6 Step R behind L
- 7 Step L to L
- 8 Step R across L

41-48: Turning kick weave x 2

- 1 Kick L (4.30)
- 2 Step L backward (begin to turn R)
- 3 Step R to R (turning R)
- 4 Step L forward (turn to face 10.30)
- 5 Kick R
- 6 Step R behind L (begin to turn L)
- 7 Step L to L (turning L)
- 8 Step R to R (toward 4.30, facing 1.30)
- & Hitch L knee to R

49-56: Step, hold, switches dance on diagonal

- 1 Step L to L (toward 10.30, facing 1.30)
- 2 Hold
- 3 Hold
- & Step R next to L
- 4 Point L to L
- 5 Hold
- & Step L next to R
- 6 Point R to R
- & Step R next to L
- 7 Point L to L
- & Step L next to R
- 8 Point R to R

57-64: Step turn, 1/2 triple, rock step, walk dance on diagonal

- 1 Step R forward
- 2 Transfer weight to L making 1/2 turn L
- 3 Step R to R (toward 7.30, facing 4.30)
- & Lock L across R
- 4 Step R backward (toward 7.30, facing 1.30)
- 5 Rock L backward
- 6 Replace weight on R
- 7 Step L forward
- 8 Step R forward

Section B: 56 counts

1-8: Lay out, collect, rock step, 1/2 triple step dance on diag

- & Hop slightly R as you hitch L (prep for next step)
- 1 Large step L forward, rippling upper body back
- 2 Hold, drag R
- 3 Continue drag
- 4 Tap R next to L

Some kind of body roll with the same weight transfers may be used if preferred. 1-4

- 5 Rock R forward
- 6 Replace weight L
- 7 Step R 1/4 turn to R (toward 7.30, facing 4.30)

- & Step L next to R
- 8 Step R forward ¼ turn (toward 7.30, facing 7.30)

9-16: Sweep, step, triple step, kick ball change, chaine dance on diagonal

- 1 Sweep L from back to front, turning ½ turn R
- 2 Step L next to R, finishing turn
- 3 Step R backward
- & Step L next to R
- 4 Step R backward
- 5 Kick L back
- & Step L slightly behind R
- 6 Step R in place
- 7 Close L to R turning ¾ turn R
- 8 Step R forward finish full turn

17-24: Lock, unwind, weave, ¾ turn dance on diagonal

- & Step L forward
- 1 Lock R behind L, (contact between knees not feet)
- 2 Hold
- 3 Unwind 7/8 turn R, transfer weight to R (face 12.00)
- 4 Step L to L side
- 5 Step R behind L
- & Step L to L
- 6 Step R across L
- 7 Begin turn to L
- 8 Finish turn to L, weight on L (facing 3.00)

25-32: Turning travelling lindy kicks (toward 3.00)

- 1 Kick R forward, hop on L
- 2 Retract R, hop on L turn ¼ L
- 3 Kick R back turn ¼ to face 9.00, hop on L
- 4 Hop on to R, hitch L
- 5 Kick L back, hop on R
- 6 Retract L, hop on R ¼ turn L
- 7 Kick L forward turn ¼ to face 3.00, hop on R
- 8 Step L forward

33-40: Slide, hold, Jive kick step x 2

- 1 Large step R to R
- 2 Drag L to R
- 3 Continue drag
- 4 Step L behind R
- 5 Kick R to R side
- 6 Step R behind L
- 7 Kick L to L side
- 8 Step L behind R

41-48: Jive kick step, kick ball cross, extended chasse

- 1 Kick R to R side
- 2 Step R behind L
- 3 Kick L to L side
- & Step L next to R
- 4 Step R across L
- 5 Step L to L (toward 9.00, facing 12.00)
- & Close R to L
- 6 Step L to L
- & Close R to L
- 7 Step L to L
- & Close R to L
- 8 Step L to L

49-56: Cross, ¾ turn, triple step, step behind, full turn spiral, press

- 1 Step R across L
- 2 Turn ¾ L transfer weight to L

- 3 Step R to R
- & Step L next to R
- 4 Step R to R
- 5 Step ball of L behind R
- 6 Turn full turn L spiralling L
- 7 Press L forward
- 8 Hold
- & Transfer weight to R

Section C: C1 32 counts, C2 first 16 counts, C3 first 8 counts

1-8: Chasse box, step out

- 1 Step R to R
- & Close L to R
- 2 Step R to R, turn ¼ L (face 9.00)
- 3 Step L to L
- & Close R to L
- 4 Step L to L, turn ¼ L (face 6.00)
- 5 Step R to R
- & Close L to R
- 6 Step R to R, turn ¼ L (face 3.00)
- 7 Step L to L
- 8 Step R to R, turn ¼ L (face 12.00)

9-16: Turning sailors - Volters

- 1 Step L behind R
- & Step R to R side
- 2 Step L to L (prep to turn)
- 3 Turn ½ R, step R behind L (facing 6.00)
- & Step L to L
- 4 Step R to R
- 5 Step L behind R
- & Step R to R
- 6 Step L to L, (prep for turn)
- 7 Turn ½ R, step R behind L (facing 12.00)
- & Step L to L
- 8 Step R to R

17-24: Kick ball change, step, tap, kick ball change, step, step

- 1 Kick L to L diagonal (10.30)
- & Step L next to R
- 2 Step R next L
- 3 Step L diagonally forward (toward 10.30)
- 4 Tap R next to L
- 5 Kick R to R diagonal (1.30)
- & Step R next L
- 6 Step L next to R
- 7 Step R forward (toward 1.30)
- 8 Step L next to R

25-32: Out & in x 2, coaster step, walk x 2

- & Step R to R
- 1 Step L to L
- & Return R to centre
- 2 Step L next to R
- & Step R to R
- 3 Step L to L
- & Return R to centre
- 4 Step L next to R
- 5 Step R backward
- & Step L next to R
- 6 Step R forward
- 7 Step L forward
- 8 Step R forward
- & Close L to R, compress